**Instructional Design Document**

**Learning Block 2**

**Foundations of Health Care**

Health care administrators need to understand fundamental concepts of health and disease in order to support the delivery of health services in contemporary health care organizations.

In this learning block, students examine notions of health and disease, determinants of health, and measures for evaluating health status. They consider how individuals’ needs and expectations related to health may vary, and why it is important for health care organizations to recognize the diversity inherent in any patient population. In addition, students consider the implications of conceptions of health and disease for the utilization of health services.

**Subject Area:** Health Care Administration

**Use with Suggested Courses:** The Health Care Industry

**Key Terms:** Health; illness; disease; disability; health services utilization; determinants of health (environment, lifestyle, heredity, medical care); risk factors; chronic conditions; disease prevention; physical, social, mental, and spiritual aspects of health; quality of life; measures of health status; measures of health service utilization; disparities; cultural competence; ethics

**Competencies:**

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| **Structure of the U.S. Health Care System:** Analyze the structure of the U.S. health care system and its impact on health care delivery. | Beginning |
| **Goods and Services Supplied:** Analyzegoods and services produced, consumed, and/or exchanged through the delivery of health care. | Beginning |
| **Stakeholder Interests and Relationships:** Analyze stakeholder interests and relationships, and the influence of these on health care delivery. | Beginning |
| **Current and Future Trends:** Analyze the significance of current and future trends for healthcare delivery and the management of health care organizations. | Beginning |
| **Beliefs, Values, and Conceptions of Health:** Analyzebeliefs, values, and conceptions of health as they influence thedelivery of care in the U.S. | Beginning  (A Key Comp.) |
| **Cost, Quality, and Access:** Analyze the impact of cost, quality, and access on health care delivery. | Beginning |
| **Patient Care and Safety:** Evaluate how the principles of patient care and safety influence the delivery of health care in the U.S. | Beginning |
| **Leadership and Management:** Analyze the attributes of effective leadership and management in health care organizations. | Beginning |
| **Health Care Marketing:** Apply market analysis and research skills to promote organizational success. | Beginning |
| **Advocacy:** Apply knowledge and skills to advocate on behalf of stakeholders / issues. | Beginning |
| **Governance:** Analyze structures, roles, responsibilities related to governance in health care organizations. | Beginning |

**Learning Objectives:**

1. Analyze concepts of health and disease
2. Analyze determinants of health
3. Assess how conceptions of health relate to health care delivery
4. Apply measures of health status and service utilization
5. Analyze diverging beliefs and expectations related to health and health care
6. Evaluate how beliefs about health and disease relate to health service utilization
7. Assess the alignment of health needs and service delivery

**Assessments:**

1. **Discussion: Conceptions of Health and Health Care Needs in a Diverse Patient Population** (LO1, LO2, LO3, LO5, LO7) [Time on task: 45 minutes]
2. **Assignment: Health and Health Services in a Contemporary Health Care Organization** (LO1, LO3, LO5) [Time on task: 30-45 minutes]
3. **Project: Assessment of Health Services Report** (LO1, LO2, LO3, LO4, LO5, LO6, LO7) [Time on task: 3-5 hours]
4. **Multiple Choice Set** (LO1, LO2, LO3, LO4, LO5, LO6, LO7) [Time on task: 15-25 minutes]

**Notes:**

Students will likely have varying degrees of familiarity with the subject area based on personal and professional experiences with health care delivery and previous academic studies.

While the items and assessments for each learning block are designed to be used independently, this learning block can be used as a precursor to the Changes in the Health Care Environment: Population Health learning block, which features the same organization.

It is helpful to remind students that this scenario centers on Blue Ridge Community Hospital, a specific type of health care organization. They can use the same skill set to investigate these issues in different health care settings.

Instructors can extend the learning from this block by encouraging students to reflect on their own beliefs, expectations, and experiences related to health and health care. Instructors may encourage students to talk about concepts of health and disease with colleagues in the course, as well as people outside the course, to gain a deeper understanding of diverging viewpoints.

All assessments can be completed using the materials provided, but instructors may increase the rigor by requiring students to use additional sources to support their work.

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